



**DECEMBER 7, 2023**

**4:30-6:30PM**

**CHRIS KNUTZEN HALL  
ANDERSON UNIVERSITY CENTER  
(AUC)**

**PLU** | PACIFIC  
LUTHERAN  
UNIVERSITY

College of Natural Sciences - Department of Psychology



## Recognition of Student Achievements

### Psi Chi Officers (2023-2024)

President:	Brianna Christiansen
Vice President:	Amberly Lunsford
Media Director:	Amaya Hoopii-Baptista
Secretary:	Sara Wifall
*President of Psych Club:	Josh Sandoval

### Psi Chi Inductees (Fall 2024)

Calvert, Isabella	Helgeson, Ben
Macdonald, Kendall	Oeun, Richard
Sphar, Suze	

## Recognition of Graduating Seniors

## Closing Remarks

THANK YOU FOR ATTENDING

SESSION 1: 4:30-5:15 PM

	<b>Titles</b>	<b>Student Names</b>
1	<b>Interactions of Gender, Infidelity Type and Self-Esteem on Likelihood of Extending Forgiveness</b>	Jenna L. Hamilton & Isabelle J. Phillips
2	<b>Social Media, Well-Being, and Connections to Self-Diagnosis of Mental Illness</b>	Sara Wifall
*3	<b>Persuasive influences on anxious college students: Perseverance as a predictor*</b>	Isabella Calvert, Jocelyn Nussbaum, Gina Park, and Jaleigha Winstead-Jackson
4	<b>Perceptions of Leadership Between Men and Women in the Workplace</b>	Julia Shcherenkova & Ariana Tiangco
5	<b>Counseling the Incarcerated: A Systematic Review of Therapy Programs for Inmates</b>	Cynthia R. Waite
*6	<b>The influence of forgiveness on friendship quality</b>	Elizabeth Kamke, Kendall MacDonald, Marissa Smith and Savannah Thacker
7	<b>First in the Family: Transitioning into higher education as a First Generation Student. Promoting Academic Self Efficacy &amp; Teaching Strategies</b>	Harley Newman
8	<b>Morality, Culture, and Language: Exploring Connections and Choices</b>	Amaya Ho'opi'i-Baptista
*9	<b>Does Grit and Frustration Affect College Students' Performance on Patterned Answered Exams?</b>	Nichole Unsworth, Railyne Clyburn, Samantha Atienza, and Shauntel Shavies
*10	<b>Let's get zesty: Performance on simple and complicated tasks</b>	Mckenna Bradbury, MJ Harris and Samir Omar

\* PSYC242 Advanced Research Methods Project \*\* PSYC481

**SESSION 2: 5:20-6:05 PM****Titles****Student Names**

1	<b>Individual Memory Processes That Influence Collective Memory: A Review of Existing Literature</b>	Carole Ramos
*2	<b>Jokes on You (Me?): The Humorous Link Between Mindfulness and Humor Style</b>	Order of Authorship: Sofia Arif, Daniel Thomas and Nyrelle
3	<b>ISIS: Human Factors and Strategy</b>	Hazel Busic
*4	<b>Insight into your Implicit Attitudes</b>	Amy Ruiz, Ellie Smith, Jaylene Ramirez Velazquez, and Owen Olsen
5	<b>The Effects of Social Media Screen Time on Body Image and Overall Mood</b>	Hailey Guerrero & Holly Roark
6	<b>Does Speed Matter? Handwriting Versus Typing Notes in Lectures of Different Speeds</b>	Amberly J Lunsford & Sonika Nigam
*7	<b>Your Mindset Affects your Brain: Effect of Hope and Motivation on Academic Performance</b>	Zoey Holt, Allen Yee, Ashley Castaneda, and Carolann J. Moore
8	<b>Parasocial Relationship: An Aid for Attachment</b>	Jalena M. Samuel
9	<b>A Guide to ADHD for K-12 Teachers</b>	Rorie A. Millward

**PROGRAM: 6:10-6:30 PM****Recognition of Service to the Department**

**Psychology Lab Coordinator** Amberly Lunsfied

**Research Familiarization Coordinator** Amberly Lunsfied

**Teaching Assistants**

Hazel Busic	Nicholas Carter
Brianna Christiansen	Elizabeth Kamke
Amberly Lunsford	Harley Newman
Sonika Nigam	Aislyn Nihan
Richard Oeun	Julia Shcherenkov
Susanna Sphar	

**Research Assistants**

Samantha Atienza	Brianna Christiansen
Jenna Hamilton	Sonika Nigam
Jocelyn Nussbaum	Amy Ruiz
Jalena Samuel	Marissa Smith
Suze Sphar	