MENTORSHIP

"A mentor is someone who allows you to see the hope inside yourself "

OPRAH WINFREY

IMAGINE

Give a brief description of someone you imagine as a potential mentor (include personality traits, job, etc).Consider writing down the traits of someone who has already been a mentor to you.

ENVISION

What are you hoping to gain from a mentor?

ACTION

List ONE action step you can take today to connect with a mentor.

TIPS

- Look for a mentor who cares about the things you do
- Mentors are often people close to you like family members, friends, coaches, etc.
- Connect with Alumni & Student Connections or the Wild Hope center to ask for help