

Additional PLU Resources

Campus Safety

Basement of Harstad Hall
253-535-7441; For emergencies dial x7911 .
campussafety@plu.edu
www.plu.edu/campus-safety

- You can contact Campus Safety (CSAF) at any time with questions or concerns, regardless of whether you are reporting a crime.
- A criminal act is wrong, regardless of the intention behind it. CSAF encourages, but does not require, all students to file reports of incidents involving sexual assault, intimate partner violence and stalking.
- CSAF can help students make a report to the Pierce County Sheriff's Department (PCSD). Depending on the nature of the incident, CSAF may be required to contact PCSD as well.
- CSAF is required to report and act on any activity that it feels poses any kind of threat to one's self or others.
- If you choose to file a report with CSAF, CSAF will respect your privacy; however some reports may be automatically forwarded to the Office of Student Rights and Responsibilities.
- If you decide not to file a report with CSAF, you have the option to be provided with appropriate information on campus resources.

Residential Life

Anderson University Center
253-535-7200
rlif@plu.edu
www.plu.edu/residential-life

Resident Assistants (RA), as student staff members, and Resident Directors (RD), as professional staff members, are trained to provide support to victims of violence and help connect them to other resources.

Student Rights & Responsibilities

Basement of Nesvig House
253-535-7462
srr@plu.edu
www.plu.edu/srr

The PLU Student Code of Conduct protects the rights of all members within our community through policies related to sexual assault, intimate partner violence and stalking.

The Student Conduct System is an educational process. Please contact the Dean of Students if you would like to pursue a specific incident through the Conduct System or for general questions.

Once a written report is received by the Office of Student Rights and Responsibilities, the following steps will be taken:

- The incident will be investigated and reviewed by Review Officers (trained professional staff) through meetings with students named in the report and others as deemed necessary.
- The Review Officers will make a decision of Responsible, Not Responsible or Inconclusive regarding possible policy violations.
- If a student is found Responsible, the Review Officers will assign sanctions based on the nature of the incident. Sanctions may include educational assignments, meetings, counseling, or a recommendation of suspension or expulsion.

For more information, please reference the Sexual Misconduct or University Violence Prevention Policies on the SR&R website.

This office addresses incidents that occur both on and off campus and is separate from any process that may occur outside of PLU.

The Dean of Students is available to answer questions and provide options, regardless of whether you are reporting an incident.

What is TITLE IX?

Title IX is a federal law that ensures that all students are treated with equity regardless of gender. The Title IX coordinator works with all of the departments outlined in this brochure to make sure your rights are upheld.

Contact the Title IX coordinator at www.plu.edu/title-ix or 253-535-7187.

PLU Civil Rights Compliance

Pacific Lutheran University, in compliance with Titles VI and VII of the Civil Rights Act of 1964. Title IX of the Educational Amendments of 1972 (45 CFR 86), and Section 503 and 504 of the Rehabilitation Act of 1973, and Americans with Disabilities Act of 1990, does not discriminate in the administration of any educational programs, admissions, scholarships, loans, or other activities or programs on the basis of race, gender, sexual orientation or preference, national or ethnic origin, color, disability, marital status, age, or religious belief.

Inquiries regarding compliance with these statutes and regulations may be directed to the Office of the Vice President for Student Life (253) 535-7191, PLUs Title IX coordinator, Teri Phillips, (253) 535-7187, or to the Assistant Secretary for Civil Rights, U.S. Department of Education, Office for Civil Rights, 400 Maryland Avenue, S.W., Washington, D.C. 20202.

VICTIM RESOURCES

Sexual Misconduct, Intimate Partner Violence and Stalking

Help is available here.

Pacific Lutheran University is committed to the care and safety of its community members.

If you or someone you care about has been victimized, there are many resources available for support. Some are confidential while others are mandated to report to appropriate authorities.

The purpose of this brochure is to empower victims to choose which resources are the best for them.



Sexual Misconduct is a broad term encompassing any unwelcome behavior of a sexual nature that is committed without consent and/or by force, intimidation, coercion or manipulation. Sexual Misconduct may vary in its severity and consists of a range of behavior, including non-consensual sexual intercourse or contact, sexual harassment, sexual exploitation, and sexual intimidation.

Sexual Misconduct can be committed by person upon another regardless of gender, and it can occur between people of the same or different sex. It can occur between strangers or acquaintances, including people involved in a current or previous intimate or sexual relationship.

Intimate Partner Violence (IPV) is a pattern of behavior in any relationship that is used to gain or maintain power and control over an intimate partner. It also may be called domestic violence, partner abuse or dating violence.

Abuse is physical, sexual, emotional, economic or psychological actions or threats of actions that influence another person. This includes any behaviors that frighten, intimidate, terrorize, manipulate, hurt, humiliate, blame, injure or wound someone.

Dating violence or domestic violence can happen to anyone of any race, age, sexual orientation, religion or gender. It can happen among couples who are married, living together or dating. Domestic violence affects people of all socioeconomic backgrounds and education levels.

Stalking is a pattern of behavior that makes you feel afraid, nervous, harassed or in danger. Stalking occurs when someone repeatedly contacts you, follows you, sends you things, talks to you when you don't want him or her to or threatens you.

You can be stalked by someone you know casually, a current boyfriend or girlfriend, someone you dated in the past, or a stranger.

Stalking is a crime and can be dangerous.

Confidential Resources on Campus

What is Confidential?

As a community that values care for one another, PLU has a number of formal and informal resources available to support victims of violence. However, only four PLU departments are **confidential**:

- Health Center
- Counseling Center
- Campus Ministry
- Advocacy Services

Other students and professionals may have to report concerns to appropriate university authorities but will do so with respect and discretion.

You deserve to feel safe at PLU. If someone is hurting you, we can help.

Community Resources:

**Rebuilding Hope:
The Sexual Assault Center
for Pierce County**
253-474-7273
800-756-7273
www.sexualassaultcenter.com

**Pierce County Domestic Violence
Helpline**
253-798-4166
800-764-2420
www.familyjusticecenter.us

All of the resources on this page are confidential. The community resources provide 24 hour help.

CONFIDENTIAL 24-HOUR HELP

Counseling Center

Anderson University Center Third Floor
253-535-7206
councen@plu.edu
www.plu.edu/counseling

The Counseling Center provides individual counseling and selected psychiatric services to PLU students. The counseling staff has been trained to deal compassionately with issues of sexual victimization and abuse. The Counseling Center services are free and **confidential**, though the staff may be required to disclose information that poses imminent danger to your health or safety, or the health or safety of any other individual.

Student Health Center

121st and Park Avenue
253-535-7337
health@plu.edu
www.plu.edu/health

The Health Center provides medical services to PLU students, including testing for pregnancy and sexually transmitted infections (STIs). Staff also can prescribe birth control and emergency contraception (Plan B). The cost for each service varies. Health Center services are **confidential**, though the staff may be required to disclose information that poses imminent danger to your health or safety, or the health or safety of any other individual.

Campus Ministry

Anderson University Center
253-535-7464
cmin@plu.edu
www.plu.edu/campus-ministry

Campus Ministry provides **confidential** emotional and spiritual support to the PLU community. Trained to deal with issues of sexual victimization and abuse, campus pastors can help survivors process their feelings and connect with additional sources of support.

PLU Victim Advocacy Services

Women's Center, 801 121st St.
(Ordal Hall) 253-538-8759
voices@plu.edu
www.plu.edu/voices

Many individuals have found Victim Advocacy a good starting point for getting the help they need. Advocates are **confidential**.

Victim Advocates provide a safe, private place for individuals who have questions or concerns about sexual assault, intimate partner violence or stalking.

Professional Victim Advocates and trained advocacy interns are available to provide emotional support and help you meet your immediate needs by:

- Arranging referrals for medical care, including obtaining a forensic exam, pregnancy and STI testing, and emergency contraception.
- Acting as a liaison to address any concerns with academics, housing, or campus services.
- Discussing options for reporting to Campus Safety or local law enforcement.
- Being a support person through the Student Conduct process.
- Developing a safety plan and obtaining Orders for Protection.
- Providing referrals to counseling or support groups on campus and in the community.
- Helping family and friends understand how to best support their loved one who has been victimized.

Victim Advocates provide you with options and resources to make informed choices providing support and empowering you to make the decisions you feel are best for your situation.

Victim Advocates are confidential but may be required to report any statements indicating serious harm to one's self or others.